

Catholic Prayers

FAMILY FAITH FORMATION GUIDE

PK Guardian Angel Prayer

Angel of God, my guardian dear, to whom God's love commits me here, ever this day be at my side, to light and guard, to rule and guide. Amen.

PK Grace Before Meals

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty. Through Christ our Lord. Amen.

1 Our Father

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

1 Glory Be/Doxology

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and ever shall be, world without end. Amen.

1 Hail Mary

Hail Mary, full of grace, the Lord is with you; blessed are you among women, and blessed is the fruit of your womb, Jesus.

Holy Mary, Mother of God, pray for us sinners now and at the hour of death Amen.

2 Morning Offering

God our Father, I offer to you today all that I think and do and say. I offer it with what was done on earth by Jesus Christ, Your Son. Amen.

3 Come, Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love. Send forth your Spirit and they shall be created, and you shall renew the face of the earth. Amen.

3 Apostles Creed

I believe in God, the Father almighty, Creator of heaven and earth
And in Jesus Christ, His only Son, our Lord.
Who was conceived by the power of the Holy Spirit and born of the Virgin Mary.
He suffered under Pontius Pilate, was crucified, died, and was buried.

He descended into hell.
On the third day he rose again from the dead;
He ascended into heaven, and is seated at the right hand of God, the Father almighty;
from there He will come again to judge the living and the dead.

I believe in the Holy Spirit,
the holy Catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.
Amen.

"Family prayer has its own characteristic qualities. It is prayer offered in common...introducing them to gradual discovery of the mystery of God and to personal dialogue with Him..." - Pope St. John Paul II

45 Prayer of St. Francis

Lord, make me an instrument of your peace:
where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
where there is sadness, joy.

O Divine Master, grant that I may not so much seek as to be consoled as to console, to be understood as to understand, to be loved as to love.

For it is in giving that we receive, it is in pardoning that we are pardoned, and it is in dying that we are born to eternal life. Amen.

45 Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession was left unaided. Inspired with this confidence, we fly unto you, O Virgin or virgins, our Mother. To you we come, before you we kneel, sinful and sorrowful. O Mother of the Word Incarnate, despise not our petitions, but in your mercy hear and answer them. Amen.

2 Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong, and failing to do good, I have sinned against you whom I should love above all things.

I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ, suffered and died for us. In His name, my God, have mercy. Amen.

45 Prayer of St. Michael

St. Michael the Archangel, defend us in battle,
be our protection against the wickedness and snares of the Devil.
May God rebuke him, we humbly pray,
And do thou, O Prince of the Heavenly Host, by the Power of God,
cast into hell Satan and all the evil spirits who wander the earth seeking the ruin of souls. Amen.

Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord, Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation He came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake He was crucified under Pontius Pilate, He suffered death and was buried, rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His Kingdom will have no end.

I believe in the Holy Spirit, The Lord, the giver of life, who proceeds from the Father and Son, who with the Father and the Son is adored and glorified, who has spoken through the Prophets. I believe in one, holy, catholic, and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.