



# Corpus Christi Catholic Church

THE BODY OF CHRIST—BECOMING DISCIPLES



FEBRUARY 18, 2024 | 1<sup>ST</sup> SUNDAY OF LENT



## MEET & GREET LUNCHEON TODAY!

Whether you are brand new to Corpus Christi or you have been a parishioner for years, we invite you to come to the Parishioner Meet & Greet in the Parish Center, this weekend, **after the 10:30am Mass.**



**The Parish & Faith  
Formation Offices will  
be closed on Monday,  
Feb. 19 in honor of  
Presidents' Day.**

## FIRST SUNDAY OF LENT INTO THE DESERT.

MARK 1:13



**Address:** 3550 E. Knox Rd.  
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**Faith Formation Office:** 480-893-1160

**Website:** [corpuschristiphx.org](http://corpuschristiphx.org)

**Formed:** [corpuschristiphx.formed.org](http://corpuschristiphx.formed.org)

**Facebook:** [@corpuschristiphoenix](https://www.facebook.com/corpuschristiphoenix)

**Flocknote:**

Text **JOINCC** to **84576** or go to  
**flocknote.com/corpuschristicc** for  
latest communications from the parish.

# THE BODY OF CHRIST

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## CLERGY & STAFF MEMBERS

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**Deacon Dennis Lambert**  
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### COUNCIL PRESIDENTS

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**Greg Furseth, President of the Finance**  
Council



## CHARITY AND DEVELOPMENT APPEAL

*"Your ways, O Lord, are love and truth"*

*-Psalm 25*

These words from the Psalmist tell us about the heart of God. He is a loving Father who guides His children along the way of truth. Through your support of the **Charity and Development Appeal (CDA)**, you help thousands of individuals and families in the Diocese of Phoenix experience the love of Christ and the truth that they are seen, valued, and accompanied on their journey. Our parish has already reached over half our financial goal of \$260,000 and about a third of our participation goal of 556 households! Join this incredible mission and make your online gift today at [www.give.dphx.org](http://www.give.dphx.org).

**MISSION STATEMENT:** Corpus Christi Catholic Church strives to be a welcoming community proclaiming the love of God and fostering a life-long personal relationship with Jesus Christ and His Church through Scripture, Sacraments, and service.

## MASS SCHEDULE

### WEEKEND MASS

**Sat. Vigil:** 4pm

**Sun.:** 7am, 8:30am, 10:30am, 5pm

### DAILY MASS

**Mon.-Sat.:** 8:15am

**Tues.:** 6:00pm

**Fri.:** 6:30am

### CONFESSIONS

**Tues.:** 5:00-5:45pm

**Thurs.:** 7:00-8:00pm

**Sat.:** 2:30-3:30pm

### ROSARY

**Sun.:** 4:15pm (Family Holy Rosary)

**Tue.:** 9:15am (Rosario en Español)  
5:15pm (Rosary for our Youth)

**Thu.:** 6:30pm (Rosary for Life)

## OFFICE HOURS

### PARISH OFFICE

**Sunday:** 9:30am-12:00pm

**Mon.-Fri.:** 9:00-11:30am

**Mon.-Thurs.:** 1:00-5:00pm

### FAITH FORMATION OFFICE

**Mon.:** 9:30am-2:00pm

**Tues.:** 2:30pm-7:30pm

**Wed.:** 9:30am-4:30pm

**Thurs.:** 9:30am-2:00pm

### GIFT SHOP

Open after the Saturday Vigil Mass & the Sunday morning Masses.



## PERPETUAL EUCHARISTIC ADORATION

**Make a weekly appointment with the best spiritual director EVER!**

Please help us keep every hour covered by checking [AdorationPro.org/corpusaz](http://AdorationPro.org/corpusaz) for any times when adorers are urgently needed.

**Prayer partners are also wanted for any hour. They are especially needed each day from midnight-6am.**

*"The lives of the saints and blessed show us the importance of the Eucharist on our journey as disciples of Jesus."*

*- The Mystery of the Eucharist in the Life of the Church (51)*

Become a prayer partner!

Help each other on your journey to become saints!





## MASS INTENTIONS

### Sunday, February 18

7:00 am Parishioners  
8:30 am † Beverly Krutz  
10:30 am † Margie Kopiec  
5:00 pm † John Repaty

### Monday, February 19

8:15 am † Jeanne L. Sullivan

### Tuesday, February 20

8:15 am † Larry & † Janet Hild  
6:00 pm † Michael Lodisa, Sr. & † Michael Lodisa, Jr.

### Wednesday, February 21

*St. Peter Damian*  
8:15 am † John Porter

### Thursday, February 22

*The Chari of St. Peter the Apostle*  
8:15 am † Ethel, † Sam, & † Leon Lenox

✠ Abstain from Meat

### Friday, February 23

*St. Polycarp*  
6:30 am † Mary Siraco  
8:15 am The Gnewuch & Henry Families

### Saturday, February 24

8:15 am † Mary Siraco  
4:00 pm † Mary Haluck

### Sunday, February 25

7:00 am † Donn Scotten  
8:30 am † Cecil Black  
10:30 am Parishioners  
5:00 pm † Alfredo Sandoval



## PARISH CONTRIBUTIONS FEBRUARY 4, 2024

### TITHING

Weekly Total .....	\$34,759.16
Weekly Budget .....	\$34,348.75
Weekly Surplus.....	\$410.41
Fiscal Year-to-date Total .....	\$1,049,937.51
Fiscal Year-to-date Budget.....	\$1,013,313.75
Fiscal Year-to-date Surplus.....	\$36,623.76

### OTHER CONTRIBUTIONS

Miscellaneous.....	\$70.00
Building Fund Collection.....	\$1,832.45
Building Fund Balance .....	\$1,886.91

**THANK YOU**  
for your generosity



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It'll help us financially, of course, but it also helps us run a better parish. Online gifts are easier to administer, more transparent, and more dependable.

To get started, scan the QR code here or click the green **GIVE NOW** button at [corpuschristiphx.org](http://corpuschristiphx.org) and follow the instructions for repeat electronic giving to the Sunday Collection.



Regardless of how you choose to give, thank you for your continued generosity! Your support not only makes a difference within our own parish, but also throughout our local community!

As the Body of Christ — Becoming Disciples, we are called to serve each other in many ways. As a family of families, we know the needs are great. Together, we can do more than any one person or family could do alone.



## BABY SAFE HAVEN

Did you know that Corpus Christi is a Baby Safe Haven? A parent or agent of a parent can leave an unwanted, unharmed newborn baby at a designated Baby Safe Haven without fear of prosecution or answering any questions. They can remain anonymous. A baby can be left at the Parish Office during normal office hours. After hours, take the baby to the nearest fire station or hospital.

## 2024 MASS INTENTION BOOK IS FULL!

Due to the popularity of this devotion, our Masses are typically booked out 9 to 12 months and we must limit Mass Intention requests to five per year. Requests for 2025 will not be available until this summer. Thank you for understanding.



Jackie Benhoff, Mark Blayne-Moore, Bobbie Braden, Christopher Brassington, Randy Booth, Josefina Caisido, Dale Crawford, Barbara Danielson, Kathy Delacluyse, Val Doering, Andrew Dull, Kathleen Fordyce, Louise Gnaller, Julia Haggerty, Harold Henry, Jr., Victor Ivich, Vera Jakubicek, Noah Johnson, Marie Klingenberg, Lori Klipfel, Pat Koling, Graciela Luna, Jackie Manning, Sandy McVeigh, Antonio Mejia, Michael Mejia, Ana Minelli, Fr. George Mulligan C.S.C., Peter Nielsen, Carole Oeverndiek, Jim Oliver, Brooks Pallan, Ed Pellegrino, Dee Peterson, Carol Picco, Lynn Robbins, Yolanda Rosales, Luna Marie Rotter, Dcn. Phil Simeone, Chester Stanislawski, Trisha Stuart, Jeff Trojan, Bryce Weinheimer, Jim Yeager

## Lent with St. Francis — Part 1: Austerity

Jen Arnold, M.A. in Theology and Catechetics — [www.CatholicHeartAblaze.com](http://www.CatholicHeartAblaze.com)

Once again, we find ourselves in the liturgical season of Lent. This is a time to focus on our growth in holiness and virtue through prayer, penance, and almsgiving as we anticipate the suffering Jesus endured to reconcile us to the Father. As the inspiration for this year's Lenten reflection series, I am using *The Life of St. Francis of Assisi*, by St. Bonaventure.

St. Francis (1181-1226) was a wealthy businessman who, by his own admission, led a sinful life and desired earthly glory above all else. His conversion was slow and occurred through a series of events, but eventually, he fully accepted God's will for his life. He embraced poverty, became an excellent preacher, was ordained a deacon, and founded the Franciscan order – none of which he originally set out to do.

In contrast to St. Francis, St. Bonaventure (1221-1274), by all accounts, had always lived a pure and holy life. It is claimed that during a severe illness in childhood, he was cured through the intercession of St. Francis. Sometime between 1238 and 1243, he joined the Franciscan order. He then went on to study theology with St. Thomas Aquinas, with whom he would later be named a Doctor of the Church. St. Bonaventure wrote his book on St. Francis to create a lasting account of how St. Francis lived a life of profound holiness. However, it does not tell his life story from beginning to end. Instead,

Bonaventure uses each chapter to draw attention to a particular aspect of Francis' virtue and how God rewarded him for his holiness. To demonstrate how we are all called to pursue greater holiness, I have selected six of these chapters to reflect on over the course of Lent.

### **Chapter Five: Of the Austerity of His Life, and How All Creatures Gave Him Joy and Consolation**

Austerity is the sternness and severity with which a person lives one's life. In the Catholic sense, austerity is living a life of strict asceticism and bodily penance to tame one's bodily passions, atoning for one's sins or the sins of others, and creating a disposition that is better able to respond to the will of God. A few weeks ago, I wrote about redemptive suffering and explained that we can facilitate suffering for ourselves and join it to the suffering of Christ for the redemption of souls. Lay people are encouraged to take on certain self-imposed penances. Typically, for the laity, this includes fasting and taking on other minor annoyances and discomforts. However, if one feels as though they are being called to more extreme forms of austerity, it should only be pursued under the guidance of a good spiritual director to ensure the call is, in fact, coming from God. Rather than imitating St. Francis exactly, we can look to him for inspiration to increase our austerity a bit further so that we continue

our growth.

St. Francis saw the necessity of controlling one's sensual appetites to gain mastery over the ability to resist temptations to sin. For this reason, fasting was a central part of his life. Of course, a body needs food and water for nourishment and sustenance, but for Francis, feeding the body delicious food, or more food than is required, appeals to bodily desires and self-gratification. To tame the desires of his flesh, he lived only on what was necessary. He also refrained from eating cooked food as much as possible and would find other ways to make his food not taste as good. He also drank cold water as little as possible to avoid the feeling of physical refreshment. When he traveled, he humbly conformed to the manner of life of those he was visiting and would eat what they set before him, but would always resume his personal fasting practices upon returning home.

Also central to St. Francis' practice of austerity was his imitation of St. John the Baptist; he adopted wearing a tunic of coarse hair and rejected anything made of soft or delicate fabric. If someone gave him a softer tunic, he made it rougher by putting cords inside. In addition to being rough, the tunics he wore were thin and exposed him to the cold. When asked how he could endure such cold all the time, he responded, "If we burn within with a fervent desire for our heavenly country,



easy it is to endure this exterior cold." In other words, St. Francis was internally warmed by his burning desire for an eternity in heaven, making it easier to suffer a little more while on earth.

Francis was continually finding other ways to purge the desire for earthly satisfaction. He continually increased the intensity of his physical exercise despite his fasting practices. He also liked to sleep sitting and would lean his head against a stone or a piece of wood. He said the devils turned away from discomfort and were more likely to "tempt those who indulge in softness and delicacy." On one occasion, he had pain in his head and his eyes, so a brother brought him a feather pillow. Satan troubled Francis so much through the pillow that his prayer was restrained and so he begged for the pillow to be taken away.

Recognizing how what our eyes gaze upon can also be a source of temptation to sin, he strictly adhered to what is known as "custody of the eyes" and encouraged his fellow brothers to do the same. Most notably, he applied the practice when in the presence of women to avoid being tempted to the sin of lust in honor of his vow of chastity. "So faithfully did he turn away his eyes lest they should behold vanity, that, as he once said to one of his companions, he hardly knew any woman by sight." Toward the end of his life, St. Francis started to go blind. With primitive medical knowledge at the time, it was believed his blindness was caused by his continual weeping over his sins and a doctor was

sent to him to implore him to stop the crying. To the doctor, he joyfully said:

*"It is not fitting, Brother Physician, that for the love of that light which we have here below, in common with the flies, we should shut out the last ray of the eternal light which visits us from above; for the soul has not received the light for the sake of the body, but the body for the sake of the soul. I would, therefore, choose rather to lose the light of the body than to repress those tears by which the interior eyes are purified, that so they may see God, lest I should thus quench the spirit of devotion."*

For Francis, it was far more valuable to cry over how he was harming Jesus with his sins and thus increase his interior light for the benefit of self-awareness, than to suppress his conscience to preserve him from earthly darkness. He did not merely accept his bodily suffering; he embraced it with an eternal perspective and a deep love for Jesus.

While we may not all be called to St. Francis' level of austerity, we are all called to seek ways to master self-indulgence and pursue self-control over temptations. This Lent, identify a comfort to relinquish and offer it for the redemption of souls.



## Catholic Heart Ablaze

Find more of Jen Arnold's catechetical and spiritual writings according to traditional Catholic teaching at [www.CatholicHeartAblaze.com](http://www.CatholicHeartAblaze.com).

Email: [Jen@CatholicHeartAblaze.com](mailto:Jen@CatholicHeartAblaze.com)

# THE BODY OF CHRIST

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## FAITH FORMATION

Children | Youth | Adults



### Family Catechesis Corner



#### *Fish on Friday*

For centuries, meatless Fridays were the norm for Catholics throughout the world. Friday was chosen because that was the day on which Jesus died, and Christians wanted to find a way to honor that day with special prayers and acts of penance and self-denial. The practice of abstaining from meat on Fridays — under pain of sin—grew out of that desire, and it became an official part of Church teaching until the time of the Second Vatican Council.

In the 1960s, there was a shift in the Church's thinking, in large part because there was a recognition that differences in cultures and economic realities meant that eating or not eating meat had different meanings for different peoples. For example, in cultures that were largely dependent on seafood or a vegetarian diet, abstaining from meat was no sacrifice at all. While in other places, eating fish and other kinds of seafood was actually something rare and special and not a sacrifice. This was all part of a basic reflection on "why we do what we do" among the Church's pastors.

Today, Catholics throughout the world are still instructed to abstain from meat on the Fridays of Lent. The bishops of some countries, such as in England and Wales, ask Catholics to abstain from meat every Friday, continuing the older tradition. The Bishops of the United States have taken a slightly different approach, encouraging Catholics to honor Friday as a special day by abstaining from meat every Friday or by taking on some other work of penance or charity for the sake of others.

Regardless of what we choose to do, the real value in all of this is to see a reflection of Good Friday in each Friday, to remember the self-giving love of Jesus, and to honor that love through some sort of sacrifice or act of mercy.

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**Sat. Feb. 24**  
**9am-11am**



**Sat. April 27**  
**10am**

### FRIDAYS DURING LENT

**Stations of the Cross at 6pm**  
**followed by Meatless Meals**

Each Friday, the meatless meals will be hosted by a different parish ministry. This Friday, **Feb. 23**, the captains from our Adoration Chapel Ministry will provide a simple Lenten dinner. Join us for good food and fellowship!



### PRAISE PATHWAY

**Saturday Lenten Walks**

**Feb. 24, March 2, 9, 16, 23**

The "Praise Pathway" is a 2-mile walk along South Mountain that will begin in the south parking lot after the Saturday 8:15am Mass during Lent. The walk will include praying the Rosary, as well as other opportunities for prayer and reflection, and will take approximately 1 hour and 20 minutes. Be sure to use sunscreen, wear comfortable clothes & shoes, and bring water & your rosary! For more info, please leave a message for Fr. Johnson at 480-893-8770 or call Knights of Columbus Deputy Grand Knight, Julius Tiritilli, at 480-250-2208.





## LENTEN PARISH MISSION

### Don't Doubt Your Value

A Benedictine Abbot Reflects on  
Human Dignity, Self-Esteem, and the *Imago Dei*

**Monday, February 26-Wednesday, February 28**

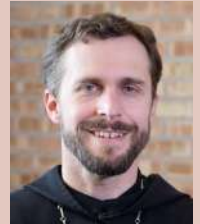
**Morning Sessions: 9:15am-10:15am**

**Evening Sessions: 7:00pm-8:00pm**

One of the hot topics in our culture today is self-esteem. Head to any bookstore and you will find aisles and aisles of self-help books. A cursory glance at podcast listings shows an abundance of shows focused on building up one's self-esteem. Countless retreats, spas, and fitness regimes are geared toward creating a positive self-esteem ...and yet current research shows that 85% of people today suffer from low self-esteem. So why the disconnect? In the Lenten Parish Mission, Abbot Austin Murphy, OSB will explore how the Christian message offers the fundamental reason to think well of yourself — that you are made in the image of God. Reflecting on Scripture and the Patristic tradition, Abbot Murphy will reveal how awareness, acceptance, and action will help us to cultivate a true self-esteem, a sense of our worth and dignity as children of God made in His image. Lent is a time to strip away our false masks and to come face-to-face with who Christ is calling us to be. Come and experience this three-part series that will help us to understand not only our inherent value and dignity, but also how we live out a good and holy life in keeping with our dignity.

### Abbot Austin Murphy, O.S.B.

*Austin G. Murphy is the abbot of the Benedictine monastery of St. Procopius Abbey in Lisle, IL. He studied for the priesthood at the Dominican House of Studies in Washington, DC, and he earned a doctorate in Theology at the University of Notre Dame, working in the area of patristics, especially the thought of St. Augustine.*



**Thurs. Feb. 29**  
**7pm**



## WOMEN OF THE PARISH Ministry Planning Sessions

**Fri. March 1 @10am &  
Wed. March 6 @ 6pm**

All women are invited to join Fr. Rey and our Family Ministry office at one of our March workshops. The workshops will include talks, small discussion groups, vision planning, and more as we strive to respond to the current spiritual needs facing the women of our parish. Scan the QR code to sign up.



## MARCH FOR LIFE Friday, March 1

Join us for the Arizona March for Life in downtown Phoenix as we affirm the dignity and protection of all human life! The Knights of Columbus will provide transportation to and from the march. We will gather in the North Parking Lot beginning at **9:30am**. The bus will depart at 10am, so please come early. Only 54 spots are available, so sign-up before it fills up! Register at <https://corpuschristicc.flocknote.com/signup/155517> or by calling the Parish Office.



## ARIZONA CATHOLIC CONFERENCE

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### Do not Sign Pro-abortion Campaign in Arizona

Millions of dollars from the pro-abortion industry are flooding into Arizona from out of State. This includes paying workers to collect signatures in front of grocery stores and other public locations for an amendment to our State Constitution.

**We urge the citizens of Arizona not to sign or endorse this signature campaign.**

The goal of the signature campaign is to enshrine a constitutional right to unrestricted abortion in Arizona. What makes a constitutional amendment especially grave is that our own Arizona Legislators could lose the ability to regulate abortion in any way, leaving us with the potential for fully unrestricted abortion.

The proposed amendment would put women and girls at risk by no longer requiring the use of a qualified medical doctor as well as by removing safety standards for abortion clinics. By eliminating current parental consent laws, mothers and fathers would be left out of decision-making when their minor daughter needs them the most. Too, the proposed amendment would allow for painful late-term abortions and open the door to taxpayer funding of them. While the effort claims to be moderate in nature, its vague language would make Arizona one of the most extreme states in terms of abortion. We believe that even many of those who support abortion in limited instances would find the proposed Constitutional amendment extreme and misleading.

Arizonans deserve far better than the measures being proposed in this signature campaign. We humbly ask for your prayers that this signature campaign will fail and that mothers and their babies will be kept alive and safe.

**Again, we urge the citizens of Arizona not to sign when approached by these paid canvassers in front of stores or public locations.**

**Most Rev. John P. Dolan**  
Bishop of Phoenix

**Most Rev. Edward J. Weisenburger**  
Bishop of Tucson

**Most Rev. James S. Wall**  
Bishop of Gallup

**Most Rev. Eduardo Nevares**  
Auxiliary Bishop of Phoenix



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## ENTRANCE ANTIPHON

(7AM Mass)

*When he calls on me, I will answer him;  
I will deliver him and give him glory,  
I will grant him length of days.*

## TODAY'S READINGS

1<sup>st</sup> Sunday of Lent  
(Year B)

#1117

## RESPONSORIAL PSALM

Psalm 25

***Your ways, O Lord, are love and truth to those who keep your covenant.***

Your ways, O LORD,  
make known to me;  
teach me your paths,  
Guide me in your truth  
and teach me,  
for you are God my savior. **R.**

Remember that your compassion,  
O LORD, and your love  
are from of old.  
In your kindness remember me,  
because of your goodness,  
O LORD. **R.**

Good and upright is the LORD,  
thus he shows sinners the way.  
He guides the humble to justice,  
and he teaches the humble his  
way. **R.**

## COMMUNION HYMN

**The Heart of Worship (When the Music Fades)**

by Matt Redman

Verse 1

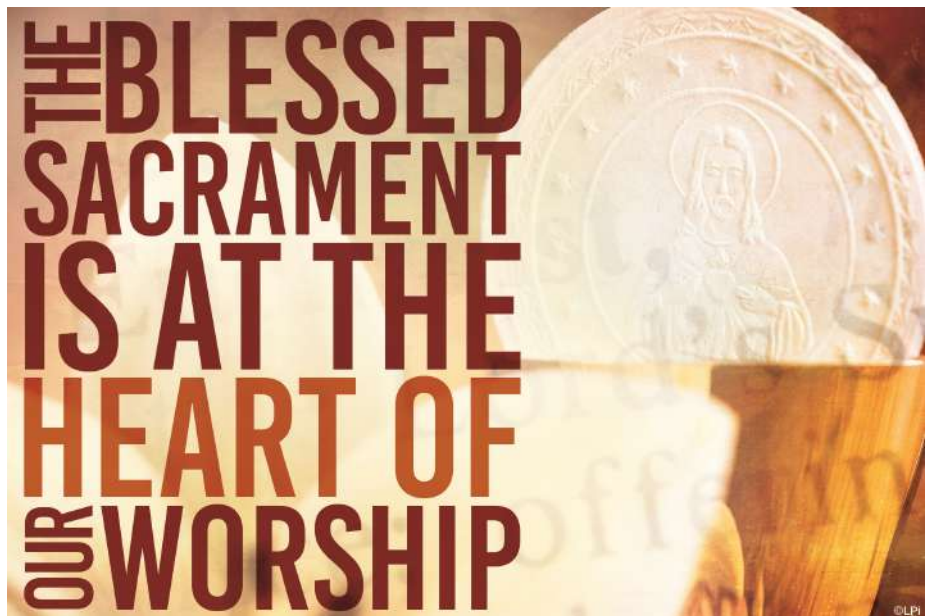
When the music fades  
All is stripped away  
And I simply come  
Longing just to bring  
Something that's of worth  
That will bless Your heart

Bridge:

I'll bring You more than a song,  
for a song in itself  
Is not what You have required  
You search much deeper within  
through the way things appear  
You're looking into my heart

**Chorus:**

**I'm coming back to the heart of worship  
And it's all about You,  
all about You, Jesus  
I'm sorry, Lord, for the thing I've made it  
When it's all about You,  
all about You, Jesus**



Verse 2

King of endless worth  
No one could express  
how much You deserve  
Though I'm weak and poor  
All I have is Yours, every single breath

(Bridge & Chorus)